



Dr Rachel Woodward, BSc (Hons), MSc, D. Clin. Psych
Principal Registered Clinical Psychologist

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Professional Profile

I am employed in private practice based in Newcastle-upon-Tyne and Northumberland and in the NHS by Cumbria, Northumberland, Tyne & Wear (CNTW) NHS Foundation Trust in the capacity of Principal Clinical Psychologist based at St Nicholas Hospital, Newcastle-upon-Tyne.

I am a guest lecturer on Newcastle University's Doctorate in Clinical Psychology and Masters in Applied Forensic Psychology.

I regularly work clinically with cases involving children, young people and their families & carers within the community and secure settings. In addition, I have substantial experience working with adults in forensic/secure settings. I am experienced in assessment of cases in criminal justice settings, and can provide assessment where issues of trauma, personal injury, learning difficulties, risk, parenting, fostering, adoption, residency and contact are significant.

I have published articles in peer-reviewed journals and have presented at national and international conferences in the fields of mental health and forensic risk. I am providing consultation on national based guidelines around trauma.

My particular areas of interest lie in trauma - both developed from individual circumstances and within systems - sexual development behaviours, and organisational dynamics. I currently provide consultation to multiple agencies around risk management for children and teenagers in the community utilising trauma models of care to aid understanding.

I run a private practice providing therapeutic work and specialist psychological assessments. Please find out more at www.consult-psychology.co.uk.

I am also a partner in an organisational consultancy firm providing specialist training, mentoring and consultation to organisations on areas relating to mental health and trauma

informed practice. For further information please see our website at www.GairandWoodward.co.uk.

Qualifications and Training

Qualifications

Doctorate in Clinical Psychology	2014
MSc in Applied Forensic Psychology	2007
BSc (Hons) Psychology	2002

Post Qualification Training

Structured Clinical Management (including training for trainers)	CNTW NHS Foundation Trust	2018-2019
Mentalisation Based Therapy	Anna Freud Centre	2017
Foundation Certificate in Cognitive Behaviour Therapy (CBT)	CBT Centre	2006
Level A Certification in Occupational Testing - psychometrics	British Psychological Society	2005
Risk and Mental Health Assessment Tools	HCR-20 & SVR-20	Violence & Sexual risk
	RM2000	Violence & Sexual risk
	VRS & VRS-SO	Violence & Sexual risk
	IPDE	Personality disorder/ difficulties
	WAIS/WASI	Cognitive/ Intellectual functioning
	RBANS	Neuropsychological screening

I also have experiential training in using adolescent risk assessments and a wide variety of neuropsychological and mental health psychometrics across the lifespan.

Employment History

2020 - Present: Principal Clinical Psychologist, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, Adolescent Forensic

2017 - Present: Visiting Lecturer, MSc Forensic Psychology, Newcastle University

2015 - Present: Visiting Lecturer, Doctorate in Clinical Psychology, Newcastle University

2015 - 2020: Clinical Psychologist, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, Medium Secure National OPD Pathway (personality difficulties, trauma and mental health)

2014 - 2015: Locum Clinical Psychologist, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, Neuro-psychiatry and Neuro-rehabilitation

2015 - 2017: Visiting Lecturer - Doctorate in Clinical Psychology, Teesside University

2014 - Present: Professional Mentor, University of York

2011 - 2014 : Trainee Clinical Psychologist, Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV)

2010 - 2011: Forensic Psychologist in Training, Northumberland, Tyne and Wear NHS Foundation Trust, Mental health, Sexual Behaviour Unit

2004 - 2010: Forensic Psychologist in Training, Her Majesty's Prison and Probation Service (HMPPS), HMP Frankland (high risk sexual and violent offending behaviours)

2002 - 2004: Psychological Assistant, Her Majesty's Prison and Probation Service (HMPPS), HMP Frankland (high risk sexual and violent offending behaviours)

Additional Information

- I am a registered Psychologist with the Health and Care Professionals Council, registration number
- Full member of the Association of Clinical Psychologists (ACP)
- Eligible for registration as a Chartered Clinical Psychologist (British Psychological Society - BPS)
- Accredited Training for Professional Supervision (British Psychological Society - BPS)
- Full clean driving licence
- Full enhanced DBS
- Professional Indemnity Insurance

Fee Schedule

Individual assessment, formulation, reports and therapy £120 per hour or part thereof. Letters are also charged at part thereof.

Court and Medico-Legal work: this is based on standardised rates applied by the courts.

- £93.60 per hour or part thereof for assessment of adults and preparation of reports, including psychometric testing, reading documentation, psychological formulation of opinion and report writing.

- £100.80 per hour or part thereof for assessment of children and adolescents and preparation of reports, including psychometric testing, reading documentation, psychological formulation of opinion and report writing.
- £40 per hour or part thereof and 45p per mile for travel expenses.
- £250 per overnight stay.
- £650 per half day for Court attendance and preparation*.

Total fees are based on an individual costing basis reflecting the nature and extent of specific instructions and the amount of paperwork to be digested in such matters.

Subject to approval of costs and upon receipt of formal instructions and relevant case documentation as requested, reports can normally be completed within a 6-8 week time period. Discussion of completion in a shorter time period can be discussed and negotiated on a case-by-case basis.

*If an appearance in Court is booked, the full fee will be payable unless written notice of cancellation is given at least five working days prior to the date of the Court hearing.