

Dr Carol A Galvin BSc (Hons), PgDip, DCounPsy

Registered Counselling and Forensic Psychologist

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Professional Profile

I have a broad range of experience in a number of clinical settings including Forensic, Looked After Children, Child and Adolescent Mental Health, Children's Inpatient, Learning Disability and Adult Mental Health. I have extensive NHS experience in working with children and young people experiencing mental health, emotional and psychological difficulties.

I regularly provide assessments of risk to self, risk to others, personality, trauma, mood, anxiety, attachment and cognitive functioning. I frequently provide consultations to multi professionals on issues relating to risk and care pathways.

I provide a range of psychological treatments to include the use of CBT, DBT, DDP and EMDR models.

My current research interests relate to service user involvement, extremism, technology assisted harmful sexual behaviour and adverse childhood experiences. I have published scientific papers in peer reviewed journals and presented at national conferences in the field of child and family mental health and forensic practice.

I have prepared expert medico legal reports for the purpose of criminal, family and personal injury matters.

I run a private practice providing therapeutic work and specialist psychological assessments. Please find out more at www.consult-psychology.co.uk

Qualifications and Training		
Qualifications		
Doctorate in Counselling Psychology	Teesside University	2009
Post Graduate Diploma in Counselling	Teesside University	2006
Psychology		

Intermediate level certificate counselling skills	New College Nottingham	2006
B.Sc (Hons) Psychology- 2:1	The Nottingham Trent University	2004

Post Qualification Training

AIM 3	AIM	2019
DDP level 1 & 2	Aspire	2020-2021
ADOS	CNTW	2017
EMDR level 1 & 2 adults	EMDR Works	2015
EMDR level 1 & 2 Children	EMDR Europe	2016
DBT Skills	British Isles	2014
CBT children and young people	CBT centre, NTW NHS	2011
HCR-20 Structure risk assessment	NTW, NHS	2011
Trauma Focused CBT	MUSC	2009

Employment History

2019 - Present: Principal Counselling and Forensic Psychologist, Child and adolescent forensic Services, Cumbria Northumberland Tyne and Wear NHS Foundation Trust

2015 - 2019: Highly Specialist Counselling and Forensic Psychologist, Cumbria, Northumberland Tyne and Wear NHS Trust

2013-2015: Senior Counselling and Forensic Psychologist, Inpatient Children's Learning Disability and Forensic Services, Northumberland Tyne and Wear NHS Foundation Trust

2009 - 2013: Senior Counselling and Forensic Psychologist, Child and adolescent forensic Services, Northumberland Tyne and Wear NHS Foundation Trust

2006 - 2009: Residential Social Worker, Aycliffe Secure Centre, Durham County Council

2005 - 2005: Assistant Psychologist, Rampton High Secure Hospital, Nottinghamshire NHS Trust

2004 - 2005: Nursing Assistant, Residential rehabilitation mental health, Nottinghamshire NHS Trust

2003: Nursing Assistant, Adult medium secure and children's low secure, Tees, Esk, Wear Valley NHS Trust

Additional Information

- I am a registered Psychologist with the Health and Care Professionals Council, registration number PYL2 4606
- Full clean driving licence

- Full enhanced DBS
- Professional Indemnity Insurance

Fee Schedule

Individual assessment, formulation, reports and therapy £120 per hour or part thereof. Letters are also charged at part thereof.

Court and Medico-Legal work: this is based on standardised rates applied by the courts.

- £93.60 per hour or part thereof for assessment of adults and preparation of reports, including psychometric testing, reading documentation, psychological formulation of opinion and report writing.
- £100.80 per hour or part thereof for assessment of children and adolescents and preparation of reports, including psychometric testing, reading documentation, psychological formulation of opinion and report writing.
- £40 per hour or part thereof and 45p per mile for travel expenses.
- £250 per overnight stay.
- £650 per half day for Court attendance and preparation*.

Total fees are based on an individual costing basis reflecting the nature and extent of specific instructions and the amount of paperwork to be digested in such matters.

Subject to approval of costs and upon receipt of formal instructions and relevant case documentation as requested, reports can normally be completed within a 6-8 week time period. Discussion of completion in a shorter time period can be discussed and negotiated on a case-by-case basis.

*If an appearance in Court is booked, the full fee will be payable unless written notice of cancellation is given at least five working days prior to the date of the Court hearing.